

# UNIVERSITY OF RAJASTHAN JAIPUR

**SYLLABUS** 

B.Sc. (Home Science) Part-II

**EXAMINATIONS - 2018** 

Regis

### B.SC HOME SCIENCE - PART II

#### SCHEME OF EXAMINATION

The number of papers and the maximum marks for each paper together with the maximum marks required for a pass course are shown in the scheme of examination against each subject separately. It will be necessary for a candidate to pass in theory as well as practical part of a subject paper, wherever prescribed, separately. Classification of successful candidates shall be as follows:

First Division 60% of the aggregate marks prescribed in honors and subsidiary

subjects of Pt.I, Pt.II and Pt.III examination taken together.

Second Division 48% of the aggregate marks prescribed in honors and subsidiary

subjects of Pt.I, Pt.II and Pt.III examination taken together.

## The theory examination paper will consist of three parts:

- 1. Part I will comprise of 10 very short answer questions of 2 marks each. The answer to each question must be within the limit of 20-40 words.
- 2. Part II will comprise of 5 short answer questions of 4 marks each. The answer to each question must be within the limit of 50-60 words.
- 3. Part III will comprise of 6 long answer questions (essay type) of 20 marks each with internal choice in each question. Candidate will need to attempt only 3 questions.

Dy. Registrar (Academic) University of Rajasthan JAIPUR

# Scheme for B.Sc. Home Science Part II

Paper	Subjects	Duration of Exam	Max Marks	Min Marks	No. of Hr/wk Th	No. of Hr/wk Pr
VI	Apparel Technology (Theory)VI	3 hrs	100	36	4	
	Apparel Construction (Practical)VI	3 hrs	75	18		2
VII	Extension Education and Development	3 hrs	100	36	4	2
	(Theory)VII Extension Education and Development (Practical)VII	3 hrs	50	18		
VIII	Life Span Development (Theory)VIII	3 hrs	100	36	4	
	Human Development (Practical)VIII	3 hrs	50	18		2
IX	Nutritional Biochemistry (Theory)IX	3 hrs	100	36	4	
	Nutritional Biochemistry (Practical)IX	3 hrs	50	18		2
X	Interior Space Design (Theory)X Interior space	3 hrs	100	36	4	
	design(Practical)X	3 hrs	50	18		2
		Total	775	270	20+	10=30

Dy. Registrar
(Academic)
University of Rajasthan



#### **B.SC. HOME SCIENCE PART II**

# APPAREL TECHNOLOGY (THEORY VI)

Max Marks: - 100 marks

Teaching workload: 4 hours/week
Total teaching workload: 96 hours/year

# **Objectives:**

- 1. To teach students about evolution and socio psycho aspects of clothing
- 2. To educate about selection of clothing
- 3. To familiarize the students with the garment production .

UNI	Γ-Ι	Hours		
1.	Importance of clothing			
2.	Social and psychological aspects of clothing	10		
	<ul> <li>Functions of clothing</li> </ul>			
	<ul> <li>Theories of clothing</li> </ul>			
	<ul> <li>Clothing in relation to status, culture and rituals</li> </ul>			
	<ul> <li>Individuality and conformity</li> </ul>			
_	<ul> <li>Conspicuous consumption</li> </ul>			
3.	Evolution of clothing in Indian context			
	<ul> <li>Sources of evidence for the study of historic costumes</li> </ul>	8		
	• Timeline of clothing of draped style of early civilization till stitched style of 21 <sup>st</sup> century.			
UNI		<u> </u>		
		T		
4.	Selection of suitable fabrics and garments for	20		
	<ul> <li>Age – infants, toddlers, pre-school children, school going children, adolescents</li> </ul>			
	<ul> <li>Climate, occasion, occupation, fashion, figure</li> </ul>			
	<ul> <li>Clothing for people with special needs: maternity and lactation, old age and physically challenged.</li> </ul>			
	Selection of readymade garments			
	Appearance—Size, design, line and colours,			
	Fabric- Durability, ease of carc			
	Workmanship- Cutting, sewing and finishing			
	Cost & Fitting	13		
5.	Production in apparel industry	13		
	Fusing & pre folding machines			
	Cutting & spreading – marker types and calculation	·		
	Spreading process and equipments	ĺ		
	Types of cutting machines			





	Ticketing and bundling – purpose and types	
UNI	T-III	
6.	Quality specification system for garment manufacture	12
	Quality in raw material	
	Quality in process production	
_	Quality in final garment	1
7.	Computer application / automation in garment manufacturing	10
8.	Merchandising and Retailing	
ο.	Window display	18
	Interior display	
	Career in merchandising	٠
	Future of merchandising	
	Meaning and importance of Retailing	
	• Types of retail organisations - Speciality stores, Departmental stores,	
	Franchise retailing, shopping malls etc.	
Ref	erences:	
1.	Doongaji S. & Deshpande R.: Basic Processes & clothing Construction.	
2.	Kefgan & Phyllis T. Individuality in clothing, Specht & Mac Million Publication	n.
3.	Mabel D.E. & A.K.: Clothing for Moderns, 3 <sup>rd</sup> edition, New York: Mac Million.	•
4.	Tate & Glisson(1961): Family Clothing, New York, John Wiley.	
5.	Amita, A. Stamper, Sue Humpheris Stamp. (1986), Evaluating Appareal (	Quality ,
,	Fairchild, New York.	_
6.	Armstrong J., Pattern making for fashion design (4 <sup>th</sup> edition), Pearson education	
7.	Thompson & Rea (1947), The clothing for Children, John Wiley and sons, In York.	c., new
8.	Vatsala R., Textbook & clothing (2003), ICAR (Indian Council of Agr	icultural
ο.	Research)	ioguitui a
9.	Frings, Gini, Stephens, Fashion - Concept of Consumer, Prentice Hall Intern	ational
٠.	Times, om, stophens, rushion concept of consumer, richitectual mean	

- New Jersey.

  10. Marilyn J, Horn., The second Skin (3<sup>rd</sup> edition), Houghton Miffin Company, London
- 11. Marshall G.S, Jackson O. H, Stanley M. S. (2012), Individuality in Clothing Selection and Personal Appearance, Prentice Hall, New Jersey.
- 12. Stone, Elaine and Samples, Jean., A Fashion Merchandising, McGraw Hill Book Company.

# APPAREL CONSTRUCTION (PRACTICAL - VI)

Max Marks: - 75 marks

Teaching workload: one practical/week (2 hours/practical)

Total teaching workload: 24 practicals/batch

#### **Objectives:**

- 1. To equip students with basics of sewing
- 2. To instruct them to learn about children and women clothing

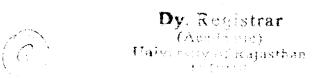
I	Contents:	ractical
ŧ		
I	1. Taking body measurements for different types of garments.	ı

ing Kasatan da Kasatan da

2.	Hand stitches	7
	• Functional: Temporary, Permanent, basting, hemming, running, back stitch	
	Plain seam and finishes	
	Enclosed seam :- Run & fell , French seam	-
	Fasteners: - Hook with eye, shank button, loop & button	
	Plackets: – Even hem, continuous wrap, two piece placket	1
	• Edge finishing: - shaped facing, bias facing & bindings	
	• Disposal of fullness: - pin tucks, simple gathers, pleats - knife, box	
3.	Construction of Childs and Adult Bodice block with sleeve block	2
4.	Drafting & Construction of Garments	10
1.	Children - 'A' line frock with variations in sleeve and collar / gathered frock	10
	with variations in sleeve and collar.	
5.	Women - Saree blouse and petticoat./ Kurta with salwar or churidar	
٥.	Visit to garment production unit.	4
Fva	mination Scheme	
	mal – 15 Marks	
	or Problem – 45 Marks (Drafting, Stitching and Finishing)	
•	· · · · · · · · · · · · · · · · · · ·	
win	or Problem – 15 Marks (Sample)	
	EXTENSION EDUCATION AND DEVELOPMENT (THEORY VII)	
	Marks: - 100 marks	-
Tr	alain ar ann amh-lan alla 11 la ann ar /mr. alla	
	ching workload: 4 hours/week	
Tota	al teaching workload: 96 hours/year	
Tota Obje	al teaching workload: 96 hours/year ectives :	
Tota Obje 1. To	al teaching workload: 96 hours/year ectives: o make the students understand the concept of Extension and its related aspects.	
<b>Tota Objo</b> 1. To 2. To	al teaching workload: 96 hours/year ectives: o make the students understand the concept of Extension and its related aspects. o understand the existing supports structure for development efforts.	
<b>Tota Obje</b> 1. Tota 2. Tota 3. To	al teaching workload: 96 hours/year ectives: o make the students understand the concept of Extension and its related aspects. o understand the existing supports structure for development efforts. o understand the role of various organizations/institutions in community development.	
<b>Tota Obje</b> 1. Tota 2. Tota 3. To	al teaching workload: 96 hours/year ectives: o make the students understand the concept of Extension and its related aspects. o understand the existing supports structure for development efforts.	
<b>Tota Obje</b> 1. To 2. To 3. To 4. To	al teaching workload: 96 hours/year ectives:  o make the students understand the concept of Extension and its related aspects.  o understand the existing supports structure for development efforts.  o understand the role of various organizations/institutions in community development.  o sensitize the students towards major developmental issues.	
Tota Obje 1. To 2. To 3. To 4. To	al teaching workload: 96 hours/year ectives:  o make the students understand the concept of Extension and its related aspects.  o understand the existing supports structure for development efforts.  o understand the role of various organizations/institutions in community development.  o sensitize the students towards major developmental issues.	Hours
Tota Obje 1. To 2. To 3. To 4. To UNI Hist	al teaching workload: 96 hours/year ectives: o make the students understand the concept of Extension and its related aspects. o understand the existing supports structure for development efforts. o understand the role of various organizations/institutions in community development. o sensitize the students towards major developmental issues.  IT I cory of Development in India	Hours 7
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1.	al teaching workload: 96 hours/year ectives:  o make the students understand the concept of Extension and its related aspects. o understand the existing supports structure for development efforts. o understand the role of various organizations/institutions in community development. o sensitize the students towards major developmental issues.  IT I tory of Development in India Changing concepts and Approaches in development.	7
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1.	al teaching workload: 96 hours/year ectives:  o make the students understand the concept of Extension and its related aspects.  o understand the existing supports structure for development efforts.  o understand the role of various organizations/institutions in community development.  o sensitize the students towards major developmental issues.  IT I  tory of Development in India  Changing concepts and Approaches in development.  Concept of Community Development Evaluation of Community Development	
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2.	al teaching workload: 96 hours/year ectives:  o make the students understand the concept of Extension and its related aspects.  o understand the existing supports structure for development efforts.  o understand the role of various organizations/institutions in community development.  o sensitize the students towards major developmental issues.  IT I  tory of Development in India  Changing concepts and Approaches in development.  Concept of Community Development Evaluation of Community Development Programmes in India since independence.	7
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2.	al teaching workload: 96 hours/year ectives:  o make the students understand the concept of Extension and its related aspects. o understand the existing supports structure for development efforts. o understand the role of various organizations/institutions in community development. o sensitize the students towards major developmental issues.  IT I Tory of Development in India  Changing concepts and Approaches in development. Concept of Community Development- Evaluation of Community Development Programmes in India since independence. History of Extension Activities in India and Scope of Home Science Extension	7
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2.	ectives: o make the students understand the concept of Extension and its related aspects. o understand the existing supports structure for development efforts. o understand the role of various organizations/institutions in community development. o sensitize the students towards major developmental issues.  IT I  Tory of Development in India  Changing concepts and Approaches in development. Concept of Community Development- Evaluation of Community Development Programmes in India since independence. History of Extension Activities in India and Scope of Home Science Extension for meaningful participation in community development in India	7
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2.	ectives: o make the students understand the concept of Extension and its related aspects. o understand the existing supports structure for development efforts. o understand the role of various organizations/institutions in community development. o sensitize the students towards major developmental issues.  IT I  tory of Development in India  Changing concepts and Approaches in development. Concept of Community Development- Evaluation of Community Development Programmes in India since independence. History of Extension Activities in India and Scope of Home Science Extension for meaningful participation in community development in India Role of- voluntary organizations, KVK, village institutions - School, Panchayat	7 7 12
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2. 4.	al teaching workload: 96 hours/year  ectives:  make the students understand the concept of Extension and its related aspects.  o understand the existing supports structure for development efforts.  o understand the role of various organizations/institutions in community development.  o sensitize the students towards major developmental issues.  IT I  cory of Development in India  Changing concepts and Approaches in development.  Concept of Community Development- Evaluation of Community Development Programmes in India since independence.  History of Extension Activities in India and Scope of Home Science Extension for meaningful participation in community development in India  Role of- voluntary organizations, KVK, village institutions - School, Panchayat and Co-operatives in development.	7
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2. 3.	al teaching workload: 96 hours/year  ectives:  make the students understand the concept of Extension and its related aspects.  make the students understand the concept of Extension and its related aspects.  make the students understand the concept of evelopment efforts.  make the students understand the concept of evelopment efforts.  make the students understand the concept of various organizations/institutions in community development.  make the students understand the concept of various organizations/institutions in community development.  The concept of the properties and Approaches in development.  Concept of Community Development- Evaluation of Community Development Programmes in India since independence.  History of Extension Activities in India and Scope of Home Science Extension for meaningful participation in community development in India  Role of- voluntary organizations, KVK, village institutions - School, Panchayat and Co-operatives in development.	7 7 12
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2. 3.	al teaching workload: 96 hours/year  ectives:  make the students understand the concept of Extension and its related aspects.  make the students understand the concept of Extension and its related aspects.  make the students understand the existing supports structure for development efforts.  make the students understand the concept of evelopment efforts.  make the students understand the concept of evelopment in community development.  make the students understand the concept of various organizations/institutions in community development.  The correct of the concepts and Approaches in development.  Concept of Community Development- Evaluation of Community Development.  Programmes in India since independence.  History of Extension Activities in India and Scope of Home Science Extension for meaningful participation in community development in India  Role of- voluntary organizations, KVK, village institutions - School, Panchayat and Co-operatives in development.  IT II  ension Education	7 7 12 10
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2. 3.	ectives: onake the students understand the concept of Extension and its related aspects. of understand the existing supports structure for development efforts. of understand the role of various organizations/institutions in community development. of sensitize the students towards major developmental issues.  IT I  cory of Development in India  Changing concepts and Approaches in development. Concept of Community Development- Evaluation of Community Development. Programmes in India since independence. History of Extension Activities in India and Scope of Home Science Extension for meaningful participation in community development in India Role of- voluntary organizations, KVK, village institutions - School, Panchayat and Co-operatives in development.  IT II  ension Education  Concept and Types of Education- Formal, Non-formal, Informal and Extension	7 7 12
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2. 4. UNI Exte	ectives: onake the students understand the concept of Extension and its related aspects. of understand the existing supports structure for development efforts. of understand the role of various organizations/institutions in community development. of sensitize the students towards major developmental issues.  IT I  cory of Development in India  Changing concepts and Approaches in development. Concept of Community Development- Evaluation of Community Development Programmes in India since independence. History of Extension Activities in India and Scope of Home Science Extension for meaningful participation in community development in India Role of- voluntary organizations, KVK, village institutions - School, Panchayat and Co-operatives in development.  IT II  ension Education  Concept and Types of Education- Formal, Non-formal, Informal and Extension Education- Meaning, Philosophy, Objectives, Elements, Principles, Process of	7 7 12 10
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2. 4. UNI Exte	ectives: onake the students understand the concept of Extension and its related aspects. of understand the existing supports structure for development efforts. of understand the role of various organizations/institutions in community development. of sensitize the students towards major developmental issues.  IT I  cory of Development in India  Changing concepts and Approaches in development. Concept of Community Development- Evaluation of Community Development Programmes in India since independence. History of Extension Activities in India and Scope of Home Science Extension for meaningful participation in community development in India Role of- voluntary organizations, KVK, village institutions - School, Panchayat and Co-operatives in development.  IT II  ension Education  Concept and Types of Education- Formal, Non-formal, Informal and Extension Education- Meaning, Philosophy, Objectives, Elements, Principles, Process of	7 7 12 10
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2. 4. UNI Exte	letaching workload: 96 hours/year  betives:  It make the students understand the concept of Extension and its related aspects.  It is understand the existing supports structure for development efforts.  It is understand the role of various organizations/institutions in community development.  It is essensitize the students towards major developmental issues.  It is ory of Development in India  Changing concepts and Approaches in development.  Concept of Community Development- Evaluation of Community Development Programmes in India since independence.  History of Extension Activities in India and Scope of Home Science Extension for meaningful participation in community development in India  Role of- voluntary organizations, KVK, village institutions - School, Panchayat and Co-operatives in development.  IT II  ension Education  Concept and Types of Education- Formal, Non-formal, Informal and Extension Education- Meaning, Philosophy, Objectives, Elements, Principles, Process of Extension. Extension worker- Qualities and Role	7 7 12 10
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2. 4. UNI Ext 5.	al teaching workload: 96 hours/year sectives:  In make the students understand the concept of Extension and its related aspects.  In understand the existing supports structure for development efforts.  In understand the role of various organizations/institutions in community development.  In understand the role of various organizations/institutions in community development.  In understand the role of various organizations/institutions in community development.  In understand the role of various organizations/institutions in community development.  In understand the role of various organizations in development.  In understand the role of various organization of development.  In understand the role of various organization of development.  In understand the role of various organization of development.  In understand the role of various organization organization of development of development in India.  In understand the role of various organizations of development in India.  In understand the role of various organization organization of development in India.  In understand the role of various organization organization of Community Development in India.  In understand the role of various organizations of Community Development in India.  In understand the role of various organizations of Community Development in India.  In understand the role of various organizations in development.  In understand the role of various organizations in the role of various organizations in development.  In understand the role of various organizations in the role of various organizations in development.  In understand the role of various organizations in the role of various organizations in development.  In understand the role of various organizations in the role of various organizat	7 7 12 10
Tota Obje 1. To 2. To 3. To 4. To UNI Hist 1. 2. 4. UNI Ext 5.	letaching workload: 96 hours/year  betives:  It make the students understand the concept of Extension and its related aspects.  It is understand the existing supports structure for development efforts.  It is understand the role of various organizations/institutions in community development.  It is essensitize the students towards major developmental issues.  It is ory of Development in India  Changing concepts and Approaches in development.  Concept of Community Development- Evaluation of Community Development Programmes in India since independence.  History of Extension Activities in India and Scope of Home Science Extension for meaningful participation in community development in India  Role of- voluntary organizations, KVK, village institutions - School, Panchayat and Co-operatives in development.  IT II  ension Education  Concept and Types of Education- Formal, Non-formal, Informal and Extension Education- Meaning, Philosophy, Objectives, Elements, Principles, Process of Extension. Extension worker- Qualities and Role	7 7 12 10



8.	Relevant Developmental issues in India – Poverty, health and Nutrition, Population	12
	Growth, Illiteracy. Neglect in early childhood: causes, extent and communication of less than 3 years for health and nutrition care.	
9.	Study the important Flagship developmental programmes of Government of India with	15
,	special reference to their objectives, target groups, activities, organizational structure	15
	and financial support.	
	rences:	
]	Dahama O.P. (1988): Education and Communication for Development, Ox	ford and
,	IBH Publishing Co. Pvt. Ltd. New –Delhi 2. Jain, R. (1993) Mass Media and Rural Development. Voll. II Manak Publicat	ion Dut
4	Ltd. New-Delhi	.1011 1 VI.
•	3. O.S. Rathore. (1999) Handbook of extension Education, Agrotech Publishing.	-
	1. Pankajam G. (2000) – Extension – Third Dimension of Education, Gyan Pu	blishing
	House, New –Delhi.	.01.2
4	5. Roy, G.L. (1991) Extension Communication Management, Naya Prakash. Kolka	ta.
	6. Uttam Kumar Singh and A K Nayak, (1997) Extension Education, Commo	
	Publishers in association with Dr. Zakir Hussain Institute of Non-formal and Co	
	Education.	
	EXTENSION EDUCATION AND DEVELOPMENT (PRACTICAL- VII)	
Max	Marks: - 50 marks	
Tea	ching workload: one practical/week(2 hours/practical)	
	al teaching workload: 24 practicals/batch	
	ectives :	
	To develop skills in planning and presentation of extension teaching methods.	•
	2. To understand the role of village level organization in the development and their function tents:  Practical	ning.
Con l.	tents: Practical  Visit to village organizations mentioned in the theory and submit the report for the	4
1.	same.	<b>.</b>
2.	Develop skills in extension teaching methods- Demonstration, drama/ role play/	1.4
۷.	puppetry, group discussion, talk and bulletin board display.	14
3.	Select any Flagship programme or developmental issue and present same in the class	6
٥.	room.	
Exa	mination Scheme	
	The state of the s	narks
	• Evaluation of project report on selected developmental issues prepared by the student du	iring the
	session by the external examiner 20 mark	
	Tian and propositions one obtained to a series of the seri	narks arks
	* ****	ai K5
Ma	LIFE SPAN DEVELOPMENT(THEORY VIII) x Marks: - 100 marks	
	ching workload:4 hours/week	
11'00		
Tot	al teaching workload:96 hours/year	
Tot	ectives:	
Tot Obj	ectives:  1. To acquaint the students with the process of life span development.	
Tot Obj	ectives:	-



T 1 3 7 3		
UNI		Hour
1.	PRENATAL- Conception, stages of prenatal development factors affecting	12
	prenatal development, hazards and abnormalities during prenatal	
	development, birth process, complication and recent technological advances	
	in prenatal development and care.	
<b>)</b> .	NEONATE- Adjustment, sensory, perceptual, abilities, feeding practices and	10
	care of new born, importance of early stimulation.	1 10
3.	INFANCY- Milestone of infancy, physical, motor, social, emotional,	
	cognitive and language development.	10
JNI	T-II	
	EARLY CHILDHOOD (2 Years to 6 Years)- Developmental Milestones,	10
	Major Developments, Significance of Early Childhood years, Importance of	
	play during early childhood.	
·.	MIDDLE CHILDHOOD AND LATE CHILDHOOD (6 Years to 12 Years)-	
	Developmental Milestones, Major Developments, Peer Pressure, Early and	12
	Late Maturity and Factors Influencing Major Development.	
) <u>.</u>	ADOLESCENTS (12 Years to 19 Years)- Developmental Milestones and	1
	Major Developments, Pubertal Changes, Growth Spurt, Early and Late	12
	Maturity Identity Crisis, Problems and Conflicts in Family. Friendship and	
	Heterosexual and Homosexual Relationship. STDs, Juvenile Delinquency.	
JNI	T-III	L
	YOUNG ADOULTHOOD (20 Years to 40 Years)- Developmental	10
	Milestones, Responsibilities, Adjustments and Challenges, Changing trends in	1
	parenting.	
	MIDDLE AGE (40 Years to 60 Years)- Developmental milestones,	
	Characteristics, Changes, Challenges and Adjustment, Health issues and	10
	Menopause, Mid life crisis, Course Work and Satisfaction.	
	LATE ADULTHOOD/ AGING (60 Years onwards)- Developmental	10
	Changes, Physical, Physiological, Health, Cognitive changes, Retirement,	
	Financial Problems and Adjustment to loneliness, Family settings, Illness.	
	Recreational interest, Provisions and Policies for Aging Adults.	
Refe	erences:	
	. Berk, L. (2006). Child development. Allyn & Bacon. New York	
	2. Berke L.E. (1995). Child Development, Allyn and Bacon	-
3	B. Hurlock E.B. (1978). Child Development, Mcgraw Hill Publishing Co.	
4	Lefrancois, G.R. (1996). The Life Span. Wadsworth Publication Company: USA: Calif	ornia.
	5. Rice, F. (1992). Human Development: A Life Span Approach. Prentice Hall.	
	5. Rice, P. (1995). Human Development: A Lifespan Approach. Prentice-Hall Inc. New Je	ersey
	7. Santrock, J.W. (1997). Life Span Development.Brown & Benchmark. New York	
8	3. Santrock, J.W.(2007). Life span Development (3 <sup>rd</sup> ed). Tata – McGrawHill. New Delhi.	
_	HUMAN DEVELOPMENT ( PRACTICAL - XIII)	
	Marks: - 50 marks	
[ea	ching workload: one practical/week (2 hours/practical)	
	al teaching workload: 24 practicals/batch	



1. Students will gain insight into the growth patterns, developmental characteristics and activities of children in a practical situation.

2. They will also learn to understand significant issues related to adolescents, adults and

ageing people.

Contents:	Practical	
1. Study of the reflexes of new born in child clinics	4	
2. Anthropometric measurement of children from birth to 6 years. Plotting	ng and 4	
interpretation of data as per WHO norms.		
3. Planning, Preparation and conduction of developmentally appro		
activities to enhance overall development of children: physical,	motor, 8	
language, cognitive, social and emotional (AV aids).		
4. Focus group discussion with adolescents to understand their aspiral educational and career choices.	ations,	
5. Preparation of a brief questionnaire to identify the problems faced by and aging people in communities. Report the information as individual profile.		
Examination Scheme		
Major Problem – Preparation of aids	marks	
Minor Problem –		
<ul> <li>Plotting and interpretation of data on group</li> </ul>	) marks	
<ul> <li>Recognition of reflexes</li> <li>7 marks</li> </ul>		
	marks	
	marks	
	marks	
NUTRITIONAL BIOCHEMISTRY (THEORY – IX)		

Max Marks: - 100 marks

Teaching workload: 4 hours/week
Total teaching workload: 96 hours/year

# Objectives:

This course will enable the students to -

1. Develop an understanding of the fundamentals of biochemistry.

2. To understand the biochemical process and systems as applicable to human nutrition.

UNIT I		Hours		
1,	Introd	uction to Nutritional Biochemistry:	4	
	•	Definition and Objectives.		
	•	Scope of Biochemistry: knowledge of electron, proton, neutron, atomic number, atomic weight, valency, structure of carbon, pH, buffer, normal and molar solutions.		
		Role of Biochemistry in clinical nutrition.		
2.	Carbo	hydrates	10	
	•	Definition, composition and classification of Carbohydrates.		
ı	•	Functions, Deficiencies and Sources.		





	<ul> <li>Lipids - Beta oxidation and ketosis.</li> <li>Proteins - General reactions of amino acid metabolism: deamination,</li> </ul>	
	Electron Transport chain, glycogenesis, glycogeneolysis, gluconeogenesis, blood sugar regulation.	
	Carbohydrates - Glycolysis (aerobic and anaerobic), TCA Cycle,	20
•	Intermediary Metabolism	20
	substrate, temperature, pH activator and inhibitor.	
	Mechanism of enzyme action, Factors affecting enzyme reactions:	
•	Definition and classification of enzymes	1.2
	Enzymes	12
NI	Absorption and Factors affecting absorption.  T – III	
	Functions, Deficiencies and Sources.  Absorption and Factors of Factors a feature absorption.	
	Definition and Classification.  Fig. 1.5.  Definition and Classification.	
	Sodium and Potassium).	
<b>'</b> .	Minerals (Calcium, Phosphorus, Iron, Iodine, Fluoride, Copper, Zinc,	11
	Digestion and absorption	
	Functions, Deficiencies and Sources.	
	Definition and Classification.	
ó.	Vitamins (A, D, E, K, B complex and C).	12
	Elementary knowledge of Biosynthesis of proteins.	
	Functions of Nucleic Acids.	
	Types , composition	
j	Nucleic Acid	8
JNI	T – II	<del></del>
	Nitrogen Balance.	
	Methods used in determining Quality of proteins – PER, NPU, BV, and	
	Quality of protein, supplementary value of protein.	
	Essential and Non essential Amino acids.	
	Functions, Deficiencies and Sources.	1
1.	Definition, composition and classification of Proteins.	1
4	Proteins	
	Digestion and Absorption.	
	<ul> <li>Types and properties of fatty acids, essential and non essential fatty acids.</li> <li>Types and importance of phospholipids, glycolipids and cholesterol.</li> </ul>	
	<ul> <li>Types and properties of fatty acids, essential and non essential fatty acids.</li> </ul>	
	• Important properties of fats: Hydrogenation, halogenation, Iodine number, rancidity, acid number.	
	Functions, Deficiencies and Sources.     Important properties of fats: Hydrogenetics beloggestion Indian work.	
	Definition and classification of lipids.     Functions Deficiencies and Sources.	'
3.	Lipids	8
	Digestion and Absorption.  Theids	
	formation.	
	oxidation reduction, acetylation, inter conversion, reducing property, osazone	-

Dy. Registrar

Wiley and Sons.

- 2. Fruton J and Symond S. General Biochemistry, Asia Publishing House, Mumbai.
- 3. Talwar, G.P. (2002) 3<sup>rd</sup> Edition, Text Book of Biochemistry and Human Biolog

4. Prentice Hall of India, New Delhi.

- 5. Kahn Conn, E.E. Stamp P.K. (2000) 7<sup>th</sup> Edition, Outlines of Biochemistry Willey Eastern Pvt. Ltd. New Delhi.
- 6. Murray R.K., Granner. D.K. Mayes P.A. and Rodwell V.W. (1993) 23<sup>rd</sup> Ed. Harper's Biochemistry, Lange Medical Book.
- 7. Nagar, R and Nair, S.(2001) Jeev Rasayan, Rajasthan Hindi Granth Academy V. Jaipur.
- 8. Oser B.L. (1965) 14<sup>th</sup> Ed. Hawk's Physiological Chemistry. McGraw Hill Book Co.
- 9. Rama Rao, A. V.SS: (1993) 2<sup>nd</sup> Edition, A Text Book of Biochemistry . L.k. & S. Publishers, Tanuka.
- 10. Stryu L. (1995) Biochemistry Freeman WH & Co.
- 11. West, E.S. Todd W.R, Mason, H.S. and Van Bruggen J.T. (1974) 4<sup>th</sup> Edition Text Book of Biochemistry. Amerins Publishing, Co. Pvt. Ltd.
- 12. White, A, handar, P. Smith E.L. Stelten D.W. (1959) 2<sup>nd</sup> Edition Principles of Biochemistry McGrawhill Book.

# NUTRITIONAL BIOCHEMISTRY (PRACTICAL-IX)

Max Marks: - 50 marks

Teaching workload: one practical/week(2 hours/practical)

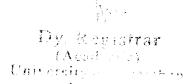
Total teaching workload: 24 practicals/batch

#### **Objectives:**

This course will enable the student to understand:

- 1. Qualitative analysis of carbohydrates and proteins.
- 2. Quantitative analysis of carbohydrates and fats
- 3. Identification of adulterants

Con	ntents:	Practical
1	Qualitative analysis of known mono-saccharides:	03
	(a) Glucose (b) Fructose (c) Galactose	
2	Qualitative analysis of unknown monosaccharides	01
3	Qualitative analysis of known disaccharides	i
	(a) Maltose (b) Lactose (c) Sucrose	03
1	Qualitative analysis of unknown disaccharide	01
5	Qualitative analysis of known polysaccharides	0.3
	(a) Starch (b) Dextrin (c) Glycogen	01
·	Qualitative analysis of unknown polysaccharides	02
,	Qualitative analysis of protein – egg albumin and milk protein casein.	02
	Qualitative analysis of fat & oil.	01
	Estimation of Moisture content of fresh peas.	, , ,
0	Estimation of ash content of milk powder.	01
1	Estimation of reducing sugar in honey by Benedict reagent.	01
2	Estimation of acid value of rancid ground nut oil.	01
3	Estimation of Iodine value of ground nut oil.	01
4	Estimation of vitamins in lemon juice by dye method.	01
5	Qualitative testing of some food adulterants in	02
J	(a) Metanil yellow in turmeric powder, arhar dal and yellow sweets.	102



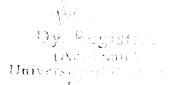


- (b) Vanaspati in pure ghee.
- (c) Chalk powder and sand in wheat flour.
- (d) Aluminium in sweets.
- (e) Saccharine in sugar cane.
- (f) Argemone oil in mustard oil.
- (g) Lead chromate and coal tar dye in turmeric powder.
- (h) Starch in milk.

#### References:

- 1. A Practical Manual Wheeler Publishers.
- 2. Devlin T.M. (1986) 2nd Ed. Text Book of Biochemistry with Clinical Correlations, John Wiley and Sons.
- 3. Fruton J and Symond S. (1965) 14th Edition, General Biochemistry, Asia Publishing House, Mumbai.
- 4. Indian Standards Institution (1985) ISI Hand Book of Food Analysis, Parts I to XI, Manak Bhawan, New Delhi.
- 5. Talwar, G.P. (2002) 3rd Edition, Text Book of Biochemistry and Human Biology Prentice Hall of India, New Delhi.
- 6. Kahn Conn, E.E. Stamf P.K. Outlines of Biochemistry Willey Eastern Pvt. Ltd. New Delhi.
- 7. Lehninger A.L., Nelson D.L. and Cox. M.M. (1993) 2nd Ed. Principles of Biochemistry CBS Publishers and Distributors.
- 8. Murray R.K., Granner. D.K. Mayes P.A. and Rodwell V.W. (1993) 23rd Ed. Harper's Biochemistry, Lange Medical Book.
- 9. Nagar, R and Nair, S.(2001) Jeev Rasayan, Rajasthan Hindi Granth Academy V. Jaipur.
- 10. Oser B.L. (1965) 14th Ed. Hawk's Physiological Chemistry, McGraw Hill Book Co.
- 11. Rama Rao, A. V.SS: A Text Book of Biochemistry. L.k. & S. Publishers, Tanuka.
- 12. Sharma Sheel, Practical Biochemistry. Classic Publishing House, Jaipur- Delhi (1993)
- 13. Stryu L. (1995) Biochemistry Freeman WH & Co.
- 14. Sundararaj, Pand Siddhu A (1995) Qualitative Tests and Quantitative procedures in Biochemistry.
- 15. Varley H. Gowenlock, A.H and Bell, M (1980) 5th Edition Practical and Clinical Chemistry Vol. I Willian Heinemann Medical Book Ltd.
- 16. West, E.S. Todd W.R, Mason, H.S. and Van Bruggen J.T. (1974) 4th Edition Text Book of Biochemistry. Amerins Publishing, Co. Pvt. Ltd.
- 17. Willian. S, 16th Edition JAOAC Official Methods of Analysis of the Association of Official Analytical Chemists.
- 18 White, A, handar, P. Smith E.L. Stelten D.W. (1959) 2nd Edition Principles of Biochemistry McGrawhill Book.

Examination Scheme	
	Marks
Qualitative analysis of carbohydrate / oil / protein.	15
Quantitative analysis (Titration)	. 15
Principle	05
Method	02
Observation and calculation	04
a David	0.1

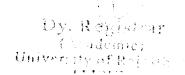




Viva		05	
Internal		10	
mema	INTERIOR SPACE DESIGN (THEORY -X)	10	
Max M	arks: - 100 marks		
	ng workload: 4 hours/week		
	eaching workload:96 hours/year		
Objectiv			
	Gain knowledge about the use of art principles in the field of interior.		
	To become aware regarding waste management.		
UNIT-1			
	Interiors & its treatment	Hours	
1. W	all & wall finishes	4	
	Definition & importance		
	Types of walls		
	Wall treatments: paints, plaster, panelling, wall papers	4	
2.   Fl	oor & floor coverings		
	Definition & importance	·	
	<ul> <li>Types of floor finishes</li> </ul>		
	Floor coverings		
	• Types of floor covering	4	
3. C	eilings		
	Definition & importance		
	Types of ceilings		
1.	Treatments for ceilings	6	
D	oor & Window		
	Parts of a door & window		
5.	Types of doors & windows	3	
. A	rches		
-	Introduction & importance     The page of such as	3	
5. St	• Types of arches		
"   31			
	<ul> <li>Introduction &amp; importance</li> <li>Types of stairs</li> </ul>		
UNIT-I			
	ecoration		
	urniture	4	
	Types of furniture	Ì	
	Selection use & care		
	Ergonomic design of furniture		
	Arrangement of furniture in various rooms		
3. U	sing Anthropometric measurements in room for furniture arrangement	4	
-	Bed room		
	Drawing room		
	Dining room		
	Children room	4	
F	lower decoration		

Identification of adulterants





05

9.	Selection of plant material for	
	Fresh arrangement	
	Dry arrangement	
	(a) Basic equipments	
i	(b) Vases and containers	
	(c) Type of flower arrangement	
10.	(d) Shaping an arrangement	
	Door and window treatments	4
	(a) Hard	
	(b) Soft	
11.	(c) Accessories	_
11.	Art & Accessories	5
	Selection and use for various rooms:	
	Types of accessories	
	Selection	
	• Use	8
12.	Interior lighting	0
	Light fixture, accessories and protective devices	
	Types & purpose of light for various rooms and various activities	
	Quantity and quality of light available from various sources	ļ
	Calculation of lighting requirements in a room	
UNI	T-III	
Kite	hen planning & waste management	•
13.	Kitchen as an important unit of house	3
	Functions performed in kitchen	
İ	Functional design & arrangement of work places.	
i	Kitchen geometry	6
İ	Work heights of different work areas and storage areas	
	Space dimensions of different work centres and work areas	
	Principles of kitchen planning	8
	Orientation and location of a kitchen	
	Size and shape of a kitchen	
i	Ventilation, light and socio- economic status of family	
	Cost and aesthetics	
		(
	Storage needs     Works control and work triangle	
	Works centres and work triangle	
	Colour and safety  Material an elifertian for hitches	6
· 	Material specifications for kitchen	
	Floor, wall, sink, ceiling and its characteristics	
	Platforms, storage etc.	
	Type of finishes	6
	Using Anthropometric measurements in kitchen design	
	Storage	
	Counter	
	Domestic waste management techniques	8
	Salvage or manual component separation	
	Compaction or mechanical reduction	
1	Incineration or thermal volume reduction	





r	<b>4</b>				
	Open dumping				
	Sanitary land filling or controlled tipping				
	• Composting				
	Vermiculture biotechnology				
	Waste management by 3 R techniques : Reduction, Reuse Recycle				
1	Kitchen Gardening	6			
	Planning of kitchen garden				
	Preparation of a kitchen garden				
	Methods of propagation				
	o Seed propagation				
	o Vegetative propagation				
	Rotation of crops				
	Time for negotiable sowing				
	Landscape gardening				
	Note: seminar presentation on selected topics from unit I				
	References:				
	1. All you need to know about design & Decorating, (1985) Marshal				
	Carendish Books Ltd				
	2. Birrel, Verla Leone (1967), Colour and Design. A basic Text (Vol. I &				
1	II) Digest submitted in requirement for the degree of education in				
	Teacher college Columbia university.				
1	3. Bryan Lawson (1980), How Designer Think, Architectural press Ltd.	*			
	4. Gillat M. & Goldstein V. (1967), Art Everyday Life, Oxford & IBH				
	publishing Co., New Delhi.				
	5. Goldstein M. & Goldstein V. (1967), Art Everything Life, Mc Graw hill				
	Books comp.Ltd., New York.	*			
	6. Halse Altert O. (1978), The use of colour in interior (2 <sup>nd</sup> Ed.), Mc Graw				
	Hill Books Comp. Ltd. New York.				
	7. Harburgsen, Gaillhyn (1980), Design Concepts, Allyn & Bacon Inc.				
	8. Patani M., (2010) Home Management, Star Publication, Agra.				
}	9. Sulharia and Diamond- Inside Design Creating Tour Environment:				
	Harer and Row Publisher, New York.				
	10. Thomson C.H. (1970), home with character (III rd Ed.), Massachusetts.				
	C. Health & Co., Lexinngton.				
	11. Varghese, M. Atreya, N. Bhatnagar, A. and Chatterjee, L, Ergonomics				
	In Kitchen Design, Dept of P.G. studies and research in Home science,				
	Mumbai.				
	INTERIOR SPACE DESIGN (PRACTICAL-X)				

Max Marks: - 50 marks

Teaching workload: one practical/week (2 hours/practical)

Total teaching workload: 24 practicals/batch

#### **Objectives:**

- 1.Know the various materials used in construction.
- 2.Gain knowledge in principles of planning various types of residential space.
- 3. Be able to top choose furnishing material keeping the financial consideration in mind.
- 4. Gain knowledge on furnishing; develop the skills of drainage, house plans and furniture layouts, creating design for furnishing items.





Cont	ents: (one class/practical)				
1.	Market survey on material used in interiors window				
2.	Market survey on material used in interiors door				
3.	Market survey on material used in interiors roof				
4.	Market survey on material used in interiors Ceiling.				
5.	Market survey on material used for kitchen & modular kitchen				
6.	Drawing types of door and window treatment				
7.	Drawing of roof, ceiling & Flooring types				
8.	Types of doors & window treatments				
9.	Flower arrangement: fresh arrangement				
10.	Making artificial flowers				
11.	Flower arrangement: dry arrangement				
12.	Making a Decorative article using any waste material like Vase, flowers & others				
13.	Introduction to types of Furnishing, Accessories and lighting				
14.	Drawing of standard kitchen plan				
15.	Planning different types of kitchen- L, shape, one wall, U-shape and	d two wall kitchen			
16.	Developing three dimensional plans of kitchen with storage unit- L shape and one wall				
17.	Developing three dimensional plans of kitchen with storage unit- U shape and two wall				
18.	Interior space planning for different areas of a house in terms of				
	furniture arrangement, window treatments, floorings, ceilings, acce	ssories, lighting-Bed			
	room and children's room				
19.	Interior space planning for different areas of a house in terms of	colour, furnishings,			
	furniture arrangement, window treatments, floorings, ceilings, a	ccessories, lighting-			
	Living room and dining room				
20.	Interior space planning for different areas of a house in terms of	_			
	furniture arrangement, window treatments, floorings, ceilings, access	sories, lighting-Study			
	room and drawing room				
21.	Architectural model (three dimensional) of various rooms along with	layout of interiors –			
	bed room and children's room				
22.	Architectural model (three dimensional) of various rooms along wit	h layout of interiors-			
	Living room and dining room				
23.	Architectural model (three dimensional) of various rooms along with	h layout of interiors-			
	study room and drawing room.				
24.	Prepare a time chart for different negotiable sowing in kitchen garden	•			
Examination Scheme					
Exercise Marks					
Major: Three dimensional Models of rooms and kitchen  25					
Minor I Drawing of types of door/windows/roofs/ceilings/flooring 7  Minor II Flower arrangement/door or window treatments/lighting 8					
Inte		8			



10

Total



Internal